

### **Area IX—Flathead County**

## Agency on Aging

# NEWSLETTER

**June 2017** 

40 11th Street West, Kalispell

# Join us for a Hawaiian Luau!

## Older Americans' Picnic

Friday, June 16th

Serving lunch 11:30 am-1:00 pm Doors open at 10:00 am—Opening Ceremony 10:45 am

### **Expo Building at Flathead County Fairgrounds**

265 North Meridian Road, Kalispell



Free picnic for folks age 60 and over!

Please bring a dessert to share.

- Great food
- Fun conversation
- Sponsor tables
- Door Prizes

Call 758-5730 for more info or 758-2471 to join as a sponsor!

A big thank you to our Sponsors, including:



















## **Benefits to Save You Money!**

Does this letter look familiar?





#### How to Get Help With Your Medicare Costs

We are writing to let you know how you can get help paying your Medicare costs You may be able to get help paying your Medicare prescription drug coverage costs and Medicare Part B (medical insurance) premiums and other medical costs. Some people also may get help with their Medicare Part A (hospital insurance)

#### Extra Help with Medicare Prescription Drug Plan Costs

The Extra Help program helps pay your Medicare prescription drug plan costs. If you have little income, few resources, and Medicare, you may be able to get Extra Help. To get Extra Help:

- Your yearly income should be less than \$17,505 if you are single, or \$23,595 if you are married and living together. Your income can be higher if you or your spouse works, other people who live with you rely on you for support, or vou live in Alaska or Hawaii.
- Your resources (such as money in a bank, stocks, or bonds) should not total more than \$13,440 if you are single, or \$26,860 if you are married and living together. Certain things you own, like your house, car, life insurance, and up to \$1,500 per person in burial expenses do not count as resources.

#### To Apply for Extra Help or Ask Questions

To apply for Extra Help or get more information, please contact the Social Security Administration. You can visit <a href="www.socialsecurity.gov/i1020">www.socialsecurity.gov/i1020</a> to apply online and get more information. You also can call Social Security at 1-800-772-1213. TTY users may call 1-800-325-0778. To use Extra Help, you must enroll in a Medicare prescription drug plan. For more information on

If you receive a letter like this from the Social Security Administration, call us for free application assistance. You may be eligible for benefits like Extra Help that helps you with Part D prescription costs, or the Medicare Savings Program (MSP) which will cover Part B premiums and possibly other medical costs.

A little time spent with us can add up to big savings for you! We look forward to hearing from you. Please call 758-5730.





## Help for Caregivers Available

According to AARP, 118,000 Montanans are caring for a loved one at home. In fact, they provide 110 million hours of unpaid care annually, valued at \$1.4 billion! Family caregivers want their loved ones to age in place in their homes and communities and they work hard to make that happen, helping with house cleaning, meals, transportation, medical tasks money management, social activities and companionship. But caregiving can be very stressful – physically, emotionally and financially.

Let us help! If you are a caregiver of an adult age 60 or older with a limited income, we can offer a variety of services to your loved one, on a donation basis, to supplement the care you provide:

- Respite someone to care for your loved one so you can have a break
- Homemaker light housekeeping
- Escorted Transportation rides to medical appointments, shopping, etc.
- Personal Care help with personal hygiene tasks (limited hours available)
- Therapeutic Care Farm opportunity to participate in local farm life

Our staff can also provide you with information about other benefits and services that might be helpful to you or your loved one.

## Give us a call today!



Serving older adults and people with disabilities in Flathead County.

Phone: 406-758-5730 Fax: 406-758-5732

Web: flathead.mt.gov/aging

## **Medicare 101 Class**



## Tuesday, June 27th, 1:00-3:00 pm

40 11<sup>th</sup> St W, Kalispell 2<sup>nd</sup> Floor Conference Room

Are you new to Medicare? Do you have questions? Plan to attend our next Medicare 101 class. Our staff will guide you through the Medicare basics so that you make the right decisions for your health insurance needs.

Part A—Part B—Part C—Part D Advantage Plans—Supplements—Extra Help Medicare Savings Programs—When to enroll? What is creditable coverage?—Much more!

Call 758-5730 for more information

## Summer Bus to Glacier National Park

Kalispell—Columbia Falls—Hungry Horse—Coram July 1<sup>st</sup> through September 4<sup>th</sup> (Labor Day) 7 Days a Week!



Fare: \$3 one way/\$5 round trip or Eagle Transit Pass (return voucher given. Exact change only.)
+ entrance fee

Spend a half day or full day in the park.

Hike—Picnic—Sightsee—Explore!

Call 758-5728 for more info